

Elements of the Information Nutrition Label

Understanding Trigger Warnings

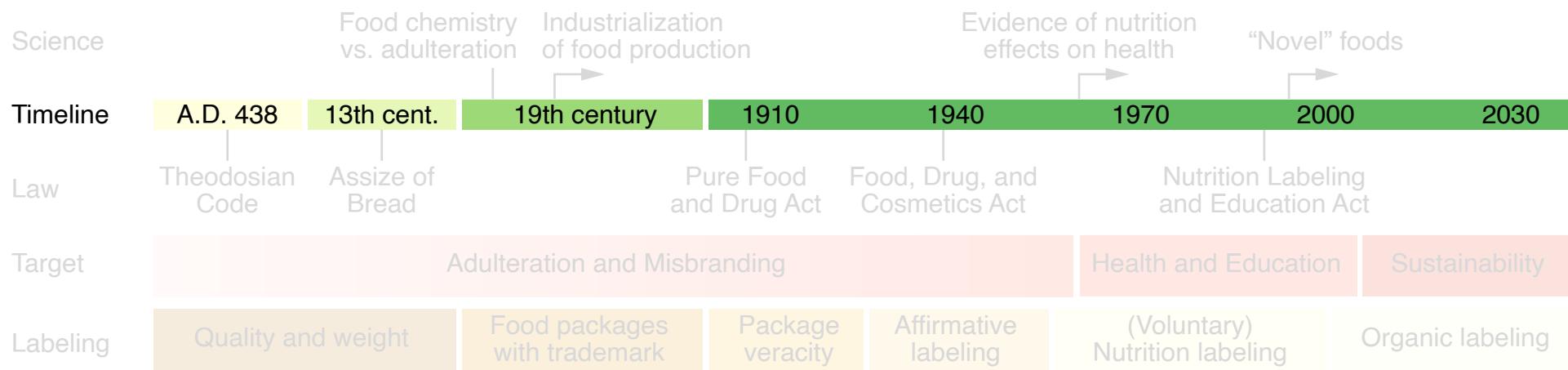
Martin Potthast

University of Kassel, hessian.AI, and ScaDS.AI

December 4th, 2024

The Information Nutrition Label

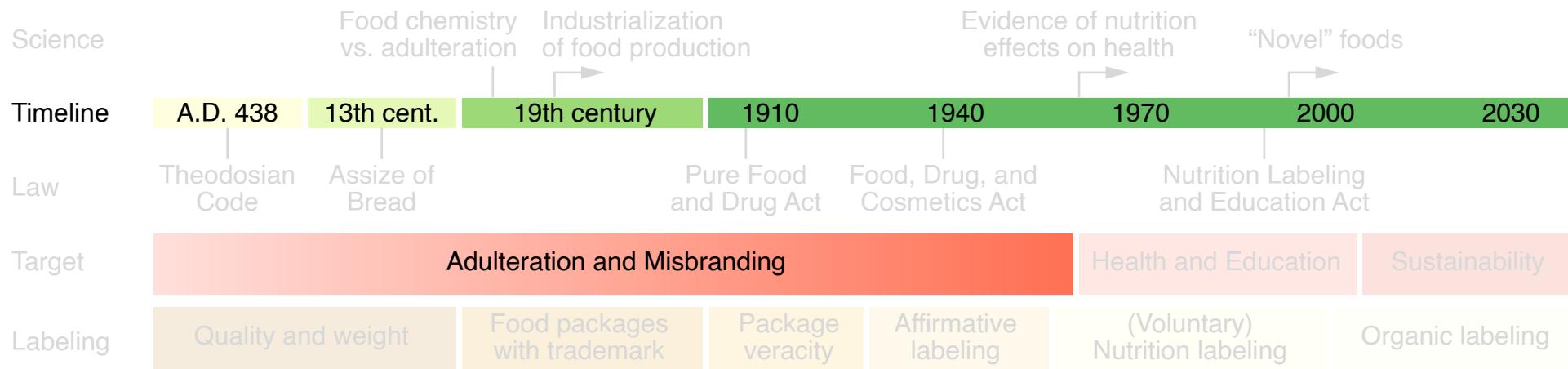
History of Food Labeling



- Producers and consumers have an information asymmetry concerning ingredients.
- Early regulation addressed mostly fraud (for fear of civil unrest about lacking food).
- Nutrition facts labels are dedicated to educating society.
- Modern European legislation lagged behind the US almost 70 years.

The Information Nutrition Label

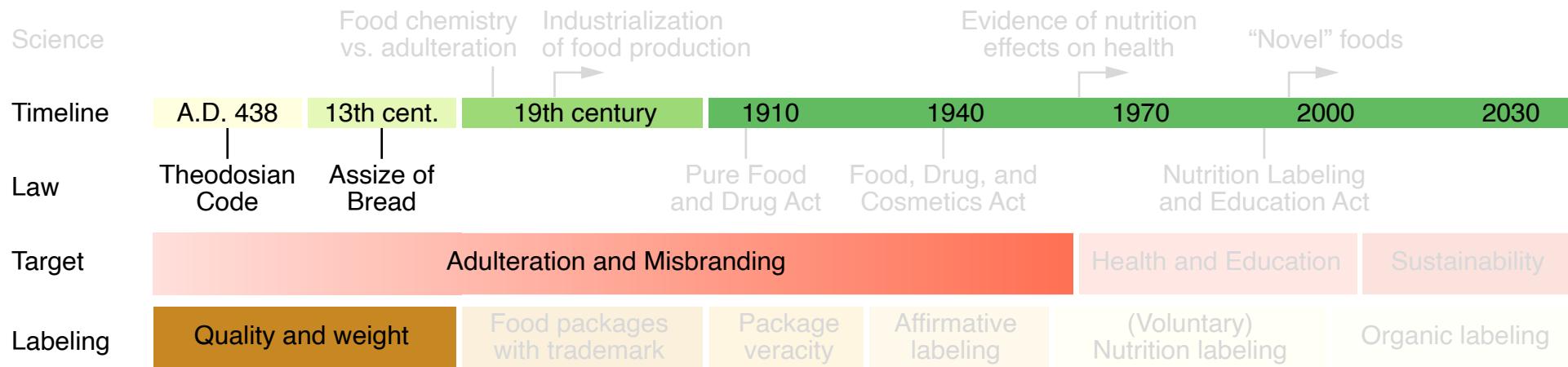
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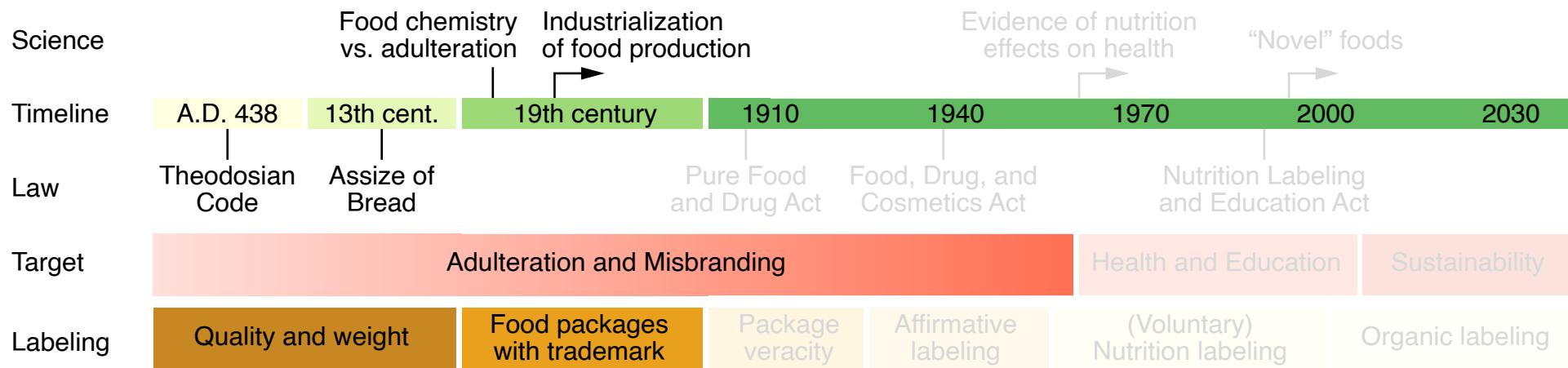
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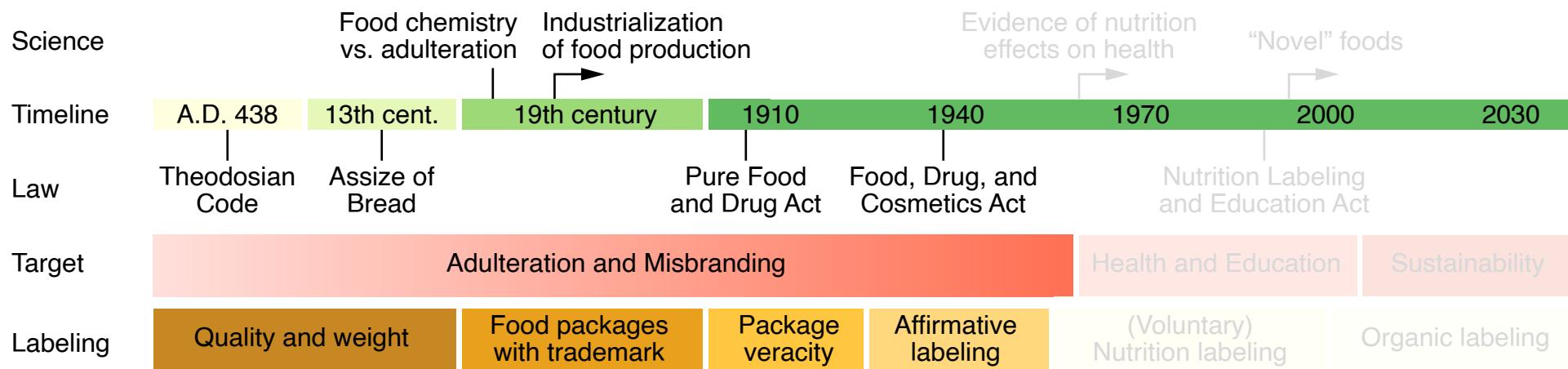
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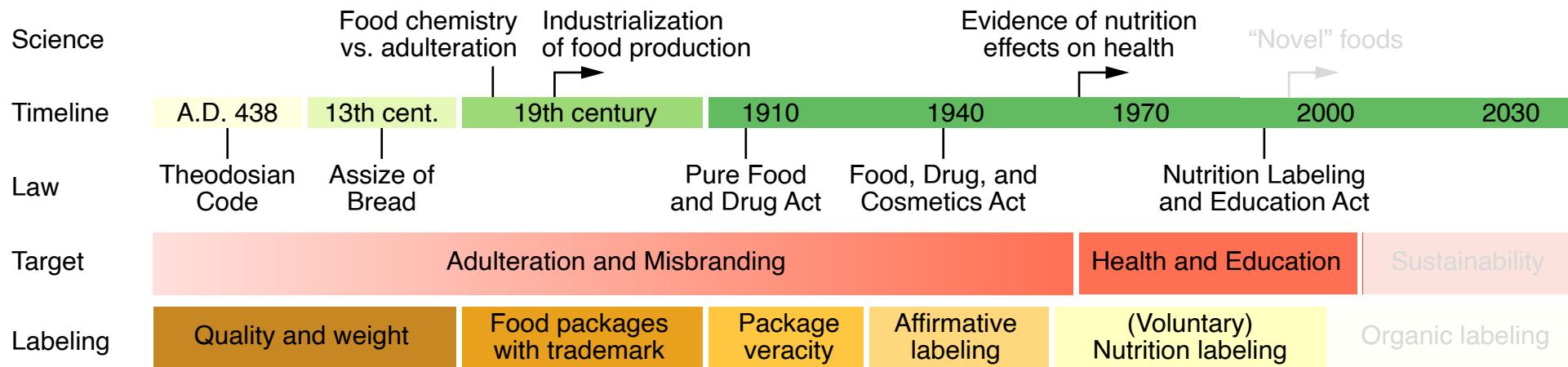
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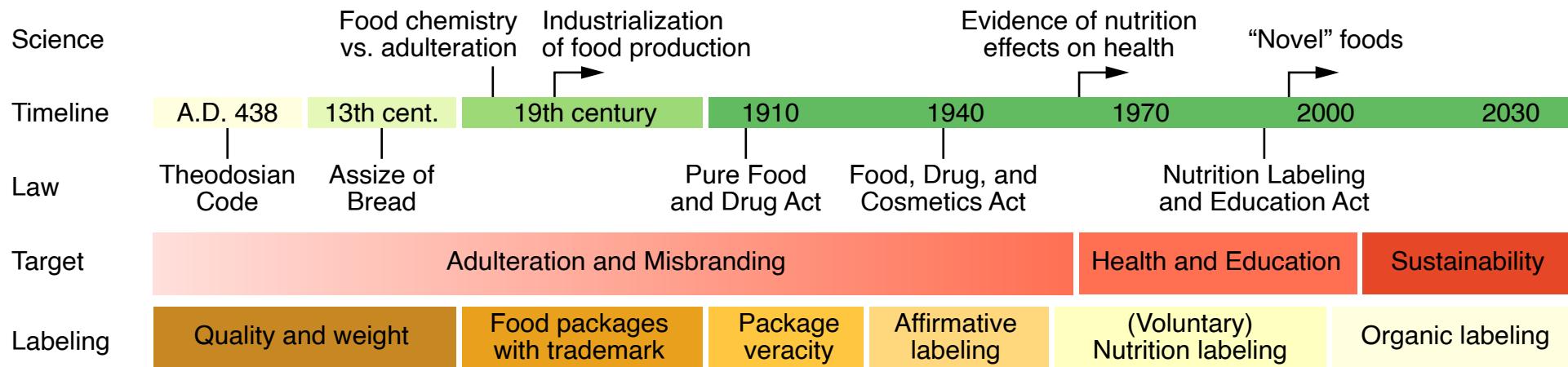
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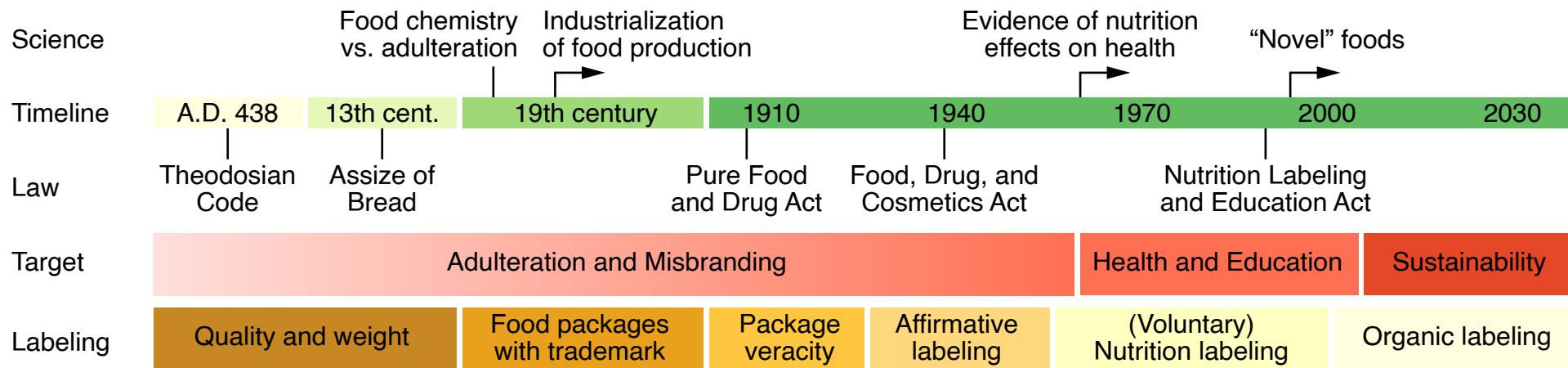
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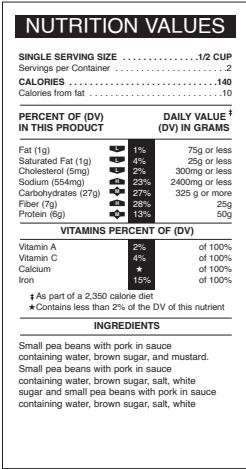
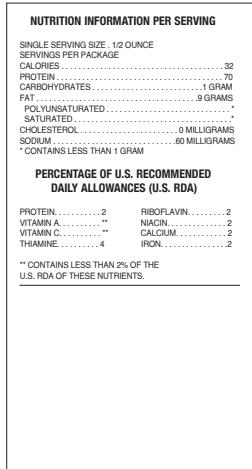
Food Label Design: Format and Presentation

Control	Control with DRV	Adjectives	% Daily Value with DRV	% Daily Value without DRV	Grouping	Highlighting																																																																																																																																																										
<p>NUTRITION INFORMATION PER SERVING</p> <p>Serving Size 1/4 box (45g) 3/4 cup prepared Servings per Container: 4</p> <p>AS PREPARED</p> <table> <tr> <td>Calories</td><td>270</td> </tr> <tr> <td>Calories from fat</td><td>105</td> </tr> </table> <p>AMOUNT</p> <table> <tr> <td>Fat</td><td>13 g</td> </tr> <tr> <td>Saturated Fat</td><td>6 g</td> </tr> <tr> <td>Cholesterol</td><td>30 mg</td> </tr> <tr> <td>Sodium</td><td>660 mg</td> </tr> <tr> <td>Carbohydrates</td><td>31 mg</td> </tr> <tr> <td>Fiber</td><td>0 g</td> </tr> <tr> <td>Protein</td><td>5 g</td> </tr> </table> <p>PERCENT OF DAILY VALUE</p> <table> <tr> <td>Vitamin A</td><td>4</td> </tr> <tr> <td>Vitamin C</td><td>†</td> </tr> <tr> <td>Calcium</td><td>12</td> </tr> <tr> <td>Iron</td><td>10</td> </tr> </table> <p>† As part of a 2,350 calorie diet ‡ Contains less than 2 percent of the DV of this nutrient</p>	Calories	270	Calories from fat	105	Fat	13 g	Saturated Fat	6 g	Cholesterol	30 mg	Sodium	660 mg	Carbohydrates	31 mg	Fiber	0 g	Protein	5 g	Vitamin A	4	Vitamin C	†	Calcium	12	Iron	10	<p>NUTRITION INFORMATION PER SERVING</p> <p>Single Serving Size 1/4 box (45g) 3/4 cup prepared Servings per Container: 4</p> <p>AS PREPARED</p> <table> <tr> <td>Calories</td><td>270</td> </tr> <tr> <td>Calories from fat</td><td>105</td> </tr> </table> <p>AMOUNT</p> <table> <tr> <td>Fat</td><td>13 g</td> </tr> <tr> <td>Saturated Fat</td><td>6 g</td> </tr> <tr> <td>Cholesterol</td><td>30 mg</td> </tr> <tr> <td>Sodium</td><td>660 mg</td> </tr> <tr> <td>Carbohydrates</td><td>31 mg</td> </tr> <tr> <td>Fiber</td><td>0 g</td> </tr> <tr> <td>Protein</td><td>5 g</td> </tr> </table> <p>PERCENT OF DAILY VALUE</p> <table> <tr> <td>Vitamin A</td><td>4</td> </tr> <tr> <td>Vitamin C</td><td>†</td> </tr> <tr> <td>Calcium</td><td>12</td> </tr> <tr> <td>Iron</td><td>10</td> </tr> </table> <p>† As part of a 2,350 calorie diet ‡ Contains less than 2 percent of the DV of this nutrient</p>	Calories	270	Calories from fat	105	Fat	13 g	Saturated Fat	6 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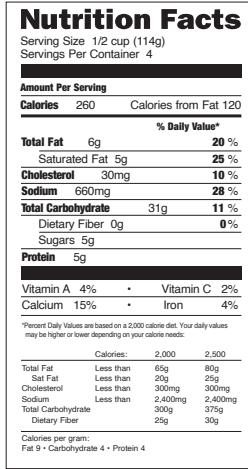
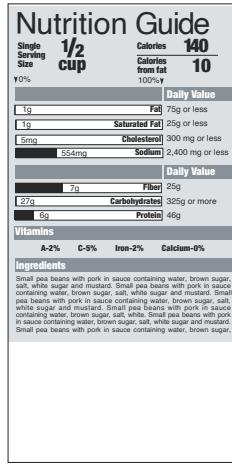
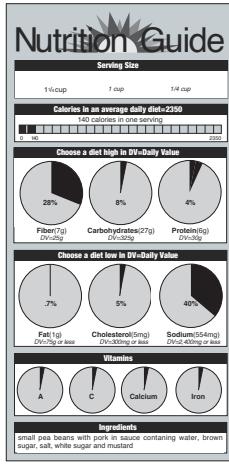
- List of nutrients
- Absolute vs relative amounts (daily recommended value, DRV)
- Erring on the side of caution: low daily calories, but high daily nutrients
- Serving sizes based average consumption and household measures per foot item category

The Information Nutrition Label

Food Label Design: Format and Presentation



Old Food Label



New Food Label

- Format optimization with focus group studies completing tasks.
- Expert designers for graphic design.
- Studies to optimize comprehension, legibility, and literacy.

The Information Nutrition Label

Related Initiatives

- ❑ Broadband Facts Label
- ❑ Knowledge Panel on Search Results
- ❑ Privacy Facts Label
- ❑ Model Cards for AI
- ❑ Data Cards for AI
- ❑ Information Nutrition Label
- ❑ Garment Facts Label
- ❑ Publication Facts Label

Broadband Facts	
Acme Wireless	
50 Gigabit Data Plan	
Mobile Broadband Consumer Disclosure	
Monthly Price	\$75.00
This monthly price is an introductory rate	No
Time the introductory rate applies	n/a
Monthly price after the introductory rate	n/a
Length of contract	n/a
Link to Terms of Contract	https://www.example.com/terms-of-contract
Additional Charges & Terms	
Provider Monthly Fees	
Device Installment Payment	\$66.67
Device Insurance Coverage	\$3.99
Voicemail	\$1.00
One-Time Purchase Fees	
Activation Fee	\$36.00
Early Termination Fee	n/a
Government Taxes	Included
Discounts & Bundles	
Visit the link below for available billing discounts and pricing options for broadband service bundled with other services like video, phone, and wireless service, and use of your own equipment like modems and routers.	
https://www.example.com/discounts	
Speeds Provided with Plan	
Typical Download Speed	35 Mbps
Typical Upload Speed	5 Mbps
Typical Latency	30 ms
Data Included with Monthly Price	
Charges for Additional Data Usage	50 GB
	\$5/GB
https://www.example.com/data-usage	
Network Management Policy	
https://www.example.com/network-management	
Privacy Policy	
https://www.example.com/privacy	
Customer Support	
Phone:	(555) 555-5555
Website:	https://www.example.com
Learn about the terms used on this label. Visit the Federal Communications Commission's Consumer Resource Center.	
fcc.gov/consumer	
Unique Plan Identifier: F0005937974123ABC456EMC789	

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About

Alan Mathison Turing was an English mathematician, computer scientist, logician, cryptanalyst, philosopher and theoretical biologist. [Wikipedia](#)



Born: June 23, 1912, [Maida Vale, London, United Kingdom](#)

Died: June 7, 1954 (age 41 years), [Wilmslow, United Kingdom](#)

Movies: [The Man Who Cracked the Nazi Code](#)

Education: Princeton University (1936–1938) · [See more](#)

Influenced by: [Alonzo Church](#), [Kurt Gödel](#), [Ludwig Wittgenstein](#)

Parents: [Julius Mathison Turing](#), [Ethel Sara Stoney](#)

[Feedback](#)

People also search for



Joan Clarke



Ada Lovelace



Tommy Flowers
Herman Hollerith



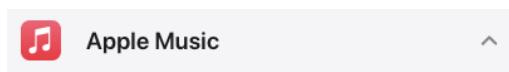
[See more →](#)

• A. Singhal. Introducing the Knowledge Graph: things, not strings. 2012.

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App Privacy

[See Details](#)

The developer, Apple, indicated that the app's privacy practices may include handling of data as described below. For more information, see the [developer's privacy policy](#).



Data Linked to You

The following data may be collected and linked to your identity:

- | | |
|----------------|----------------|
| Purchases | Search History |
| Financial Info | Identifiers |
| Location | Usage Data |
| Contact Info | Diagnostics |
| User Content | Other Data |



Data Not Linked to You

The following data may be collected but it is not linked to your identity:

- | |
|-------------|
| Diagnostics |
|-------------|

Privacy practices may vary, for example, based on the features you use or your age. [Learn More](#)

The Information Nutrition Label

Related Initiatives

- Broadband Facts Label
- Knowledge Panel on Search Results
- Privacy Facts Label
- Model Cards for AI
- Data Cards for AI
- Information Nutrition Label
- Garment Facts Label
- Publication Facts Label

Model Card

- **Model Details.** Basic information about the model.
 - Person or organization developing model
 - Model date
 - Model version
 - Model type
 - Information about training algorithms, parameters, fairness constraints or other applied approaches, and features
 - Paper or other resource for more information
 - Citation details
 - License
 - Where to send questions or comments about the model
- **Intended Use.** Use cases that were envisioned during development.
 - Primary intended uses
 - Primary intended users
 - Out-of-scope use cases
- **Factors.** Factors could include demographic or phenotypic groups, environmental conditions, technical attributes, or others listed in Section 4.3.
 - Relevant factors
 - Evaluation factors
- **Metrics.** Metrics should be chosen to reflect potential real-world impacts of the model.
 - Model performance measures
 - Decision thresholds
 - Variation approaches
- **Evaluation Data.** Details on the dataset(s) used for the quantitative analyses in the card.
 - Datasets
 - Motivation
 - Preprocessing
- **Training Data.** May not be possible to provide in practice. When possible, this section should mirror Evaluation Data. If such detail is not possible, minimal allowable information should be provided here, such as details of the distribution over various factors in the training datasets.
- **Quantitative Analyses**
 - Unitary results
 - Intersectional results
- **Ethical Considerations**
- **Caveats and Recommendations**

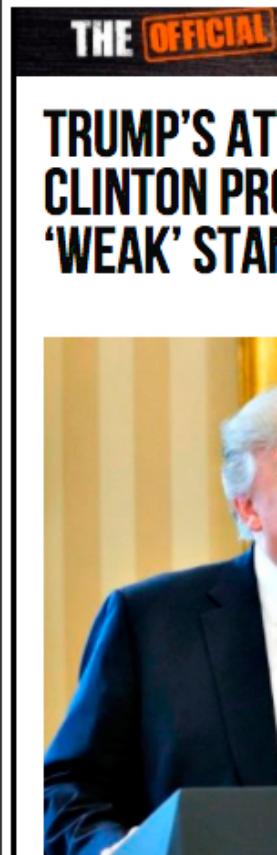
-
- M. Mitchell et al. Model Cards for Model Reporting. 2018.
 - M. Pushkarna et al. Data Cards: Purposeful and Transparent Dataset Documentation for Responsible AI. 2022.

The Information Nutrition Label

Related Initiatives

- Broadband Facts Label
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- Privacy Facts Label
- Model Cards for AI
- Data Cards for AI
- **Information Nutrition Label**
- Garment Facts Label
- Publication Facts Label

INFORMATION NUTRITION LABEL		
Best Before: Jan 1, 2018		
Per 1000 words	Recommended Daily Allowance	
<u>Fact</u>	30%	60 %
<u>Opinion</u>	40%	20 %
<u>Controversy</u>	9.0	--
<u>Emotion</u>	6.7	1.3
<u>Topicality</u>	8.7	5.0
<u>Reading Level</u>	4.0	8.0
<u>Technicality</u>	2.0	--
<u>Authority</u>	4.3	9.0
<u>Virality</u>	--	1.0
Additional substances: advertising, subscription, invective, images (2), tweets, video clips		
Traces: product placement		



The Information Nutrition Label

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Garments Facts	
Total number	
Synthetic chemicals	112
Weight of chemicals per 100g	25g
Synthetic dye	Red F5-B
Date of Manufacture	21/04/2022
Factory (cutting/sewing)	
Energy Source	100% Coal
Can be worn (minimum)	
Quality	40 times
Total distance (km)	
Supply Chain	25,432
Number of Countries visited	3
Total number	
Materials Used	2
Fabric	cotton
Trim	cotton
Thread	(plastic) polyester
Zip/Buttons	n/a
Total shed per 6kg wash	
Microfibres	137,951
Cambodia average pcm (\$)	
Textile Workers Pay	250
Percentage of living wage	45%

The Information Nutrition Label

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Publication Facts

This article	Other articles
Peer reviewers 2	2.4
Reviewer  profiles	
Author Statements	
Data availability Yes	18%
External Funding Yes	32%
Competing Interests No	3%
This journal	
Articles accepted 23%	38%
Days to publication 134	145
Indexed in DOGSWS	
Editor & editorial board  profiles	
Academic Society FRHS	
Publisher Waismann Journals	

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PF is maintained by the [Public Knowledge Project](#)

-
- Willinsky and Pimentel. The publication facts label: A public and professional guide for research articles. 2024.

The Information Nutrition Label

Research at Webis

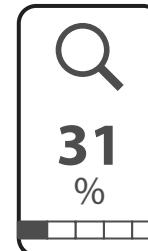
- Designing the information nutrition label requires interdisciplinary expertise.
- What are relevant “nutrients” of information?
- What are daily recommended values per measure?
- What are “household” measures of these nutrients?
- How can an information nutrition label be validated?



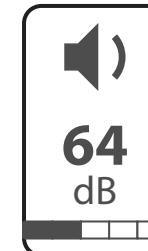
verbosity



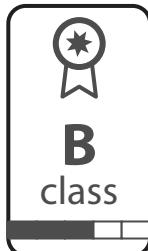
virality



verifiability



emotionality



reliability

The Information Nutrition Label

Research at Webis



verbosity



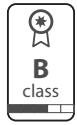
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Clickbait Analytics



Clickbait
Detection



Crowdsourcing
Twitter Clickbait



Studying YouTube
Clickbait



Clickbait Detection
Challenge



Longitudinal User
Engagement



Clickbait
Spoiling



Clickbait Spoiling
Challenge

The Information Nutrition Label

Research at Webis



verbosity



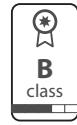
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SPOILER
ALERT! Clickbait Spoiling
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Dilemma of the
Direct Answer

[1] Retrieval-augmented
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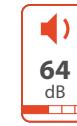
verbosity



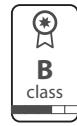
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Hyperpartisanship
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Analysis



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Flipping



Reframing



Editorial
Persuasiveness

Authorship Analytics



Authorship
Identification



Unmasking



Authorship
Obfuscation



Voigt-Kampff Generated
Text Detection



PAN Network on
Digital Text Forensics

Who should make the moral judgment?



More power to the machine?

- effectively installed
- standardized guardrailing
- protection of vulnerable groups
- ...



Empower the user?

- raise awareness
- support deliberation
- demonstrate mechanisms
- provide meta information
- ...

Who should make the moral judgment?



*Power is nothing if it is not the power to choose.
Instrumental reason can make decisions, but
there is all the difference between deciding and choosing.*

Joseph Weizenbaum